

Rest & Receive

SOUND BATH + HOT STONES + REIKI

SLOW DOWN, GET COZY AND RECEIVE.

EXPERIENCE THE SOOTHING VIBRATIONS OF A SOUND BATH, THE COMFORTING WARMTH OF HOT STONES AND THE GENTLE ENERGY OF REIKI - BROUGHT TOGETHER TO CREATE SPACE FOR REST AND RELAXATION.

FRIDAY, OCTOBER 30TH | 7-8PM

REGULAR PRICE: \$55

EARLY BIRD: \$45 UNTIL OCTOBER 15

LIMITED TO 8 GUESTS



WHAT TO BRING:

YOGA MAT + BLANKET

**OPTIONAL: PILLOWS | BOLSTERS | EYE MASK
WATER**